Corey Andrew Powell ([00:00](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hello, NSLS members. I am Cory Andrew Powell, host of the Motivational Mondays podcast, and I'm so excited to join you today for the 2024 Leadership Summit. I'm especially thrilled also to bring you the very first live recording of Motivational Mondays right here from the summit, and even extra, extra excited to feature the incomparable vocalist and songwriter Janice Robinson, who will grace us with her inspiring story in just a few moments. Now, I've had the privilege of presenting at the summit in the past. Some of you have seen me before, maybe even the live summits and the virtual summits, and I wanna just give a heartfelt thank you to everyone in the NSLS community for your unwavering support in making these leadership summits a resounding success. It's truly an honor to bring you such exceptional programming that empowers you to become even stronger leaders, uh, stronger leaders, to go out into the world and make it a better place. So, we appreciate you and I wanna also say a personal thank you to everyone for subscribing to the Motivational Mondays podcast over the years. And if you don't, I encourage you to do so. You can scan the QR code that's now on the screen, and you can subscribe on your favorite podcast platform. Now, we began this, uh, years ago as an audio only podcast, and now it's a thriving audio and video experience. So as the show's host, I appreciate you going along with me on this journey. And we've shared so many inspiring stories here together from, uh, uh, book publishing, politics, sports figures, television personalities, motivational speakers, and everyday people doing extraordinary things. So let's continue this journey together. And now without further delay, welcome to a very special live recording of Motivational Mondays presented by the National Society of Leadership and Success. Now impacting over 2 million members strong.

Corey Andrew Powell ([02:07](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hello everyone again, <laugh>. I'm Corey Andrew Powell, your host, and today we have a very special recording live from the 2024 Leadership Summit, Navigating New Horizons. We have an incredible guest with us. Joining us is Janice Robinson, the iconic voice behind the international dance anthem, Dreamer. Ooh, one of my favorites of all times. So I'm so excited she's here now. Her powerful vocals and lyrics just, you know, they embody just power and strength and great, great skill as a vocalist. She's amazing. And with the career spanning over three decades, Janice has remained a beacon of resilience, authenticity, strength, and more navigating both the highs and the challenges of the music industry while staying true to herself and her mission. Today she's here to talk about her remarkable journey from topping the charts to stepping back to care for her family, and now reemerging stronger than ever after a brilliant X-Factor UK appearance. So Janice is proof that it's never too late to pursue our dreams and live our truth. And it's an honor to have her here with us today to share her story, her insights, her words of wisdom. So let's give her a warm welcome, Janice Robinson, welcome to Motivational Mondays.

Janice Robinson ([03:25](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Wow, what an intro. I was sitting there listening and I was like, who is that? I was like, oh my goodness. <laugh>. Thank you.

Corey Andrew Powell ([03:35](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

You're very welcome. I mean, listen, I just speak the truth, you know, I mean, that is your life. And I will just want, I wanna just make sure I tell people that, you know, I've been a fan for a long time. You and I became internet buddies, and we talk and we dm, but you're one of my actual vocal heroes and someone I just have always admired. So this is a true honor for me to have you here today. So thanks for being here.

Janice Robinson ([03:57](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Thank you, Corey. Yes, thank you. You're very, and hi, everybody tuning In.

Corey Andrew Powell ([04:02](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hello.

Janice Robinson ([04:02](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I am so honored. I think I just had a moment. You know, my dream, my very original dream was always to inspire others, and I really feel like this moment, this motivational Monday was something I have been waiting all my life to do. So I feel a little like, wow, I'm here. I'm having another dream moment come true. So thank you. And I hope my words, and I hope my wisdom lives on in everyone tuning in.

Corey Andrew Powell ([04:35](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. Oh my gosh. Well, I <laugh> no, I'm, don't get me out here crying now on Motivational Mondays <laugh>, but that's wonderful. We're so happy to be a part of your journey and to give you yet another, uh, feather in your cap because you've done so much so. But to share a bit about how you got your, your start in the music industry and what initially inspired your songwriting and performing, can you give us a little bit of that background?

Janice Robinson ([04:59](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I think what inspired my songwriting was a broken heart.

Corey Andrew Powell ([05:07](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm.

Janice Robinson ([05:08](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

You know, a crush, somebody I liked. And the beginning of those, uh, teenage years, you know, when you start liking someone, um, and they don't like you back <laugh> and you don't know how to tell someone you like them, you know, that like 15 awkward, it just started in my awkward teen years, and I would hear these songs written by Diane Warren and Siedah Garrett when I was a teenager, and I wanted to express myself. So it really started with like, the confusing feelings of 14, 15-year-old girl who looks at somebody and go, Ooh, I like, I like them <laugh>. And I wanted to figure out how to express my feelings. So it really started with that, that time of my life.

Corey Andrew Powell ([05:57](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. It's interesting you bring that up because we talk a lot in the leadership space about the importance of journaling.

Janice Robinson ([06:04](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yes.

Corey Andrew Powell ([06:04](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And it's very similar in a way because it was just the idea of expression. You had to get it out, and it came out in words on paper. And that's such a, a therapeutic thing that more people I think would benefit from, wouldn't you think?

Janice Robinson ([06:17](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Absolutely. I think love is the gift we've all have been given, we all get to experience, but it's the, it's the most mysterious emotion because oftentimes we feel something, but we don't know how to express what we feel.

Corey Andrew Powell ([06:35](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm.

Janice Robinson ([06:36](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

So writing became a way for me to express what was going on inside. I couldn't say it, I couldn't say it to a person, but I could pour my heart out in a lyric. And then I found myself writing my truth, and, and that when I, when people heard what I wrote, they, they felt a connection and I went, Ooh, I'm onto something. So it was really that journey of, you know, going away to college, being just in the piano room at a Delphi University where I would probably play the same four chords for hours <laugh>, and write a million songs to those four chords, <laugh>.

Corey Andrew Powell ([07:20](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Right, right. Yeah. Well, people don't realize that chord, people don't realize that Dre, that's pretty much how all songs are written. There's only like, Beatles, four chords really, and four chords.

Janice Robinson ([07:29](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah. Life is about four chords and all your emotions, you know? Mm-Hmm. <affirmative>.

Corey Andrew Powell ([07:34](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Wow. And even that's a metaphor, because I had Step and Graham on the show years ago, a couple years ago, and I got to interview him, which was fascinating because he said something that's really, really relevant to what you just said now. And pop music, the biggest hits are made from four chords, and people can go research what that means if they don't get the music lingo. But he had a, a similar thing, which is we all have the same 24 hours a day.

Janice Robinson ([07:59](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yes.

Corey Andrew Powell ([07:59](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Right? It's what you do with those 24 hours that will make a difference in the life that you, uh, can carve out for yourself. So I love that you had those four cards and, uh, four chords that you had that same philosophy. And from those four chords came one of the greatest dance crossover songs in history called, Dreamer. And if you guys, uh, you don't think you know it, but when you hear, you'll be like, oh, that's okay. So I want you guys, if you don't know, check it out. Go Google it, whatever. And you'll go, oh my gosh, that's her. So <laugh>, you'll be, uh, you'll all know the song. So it's an incredible song with an incredible legacy that has been relevant for now going on 30 years and brought you back into the spotlight after a long hiatus. So what do you think about that song resonates with so many people across generationally?

Janice Robinson ([08:47](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Well, first of all, I think the first three words that you hear are love, life, and laughter.

Corey Andrew Powell ([08:56](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm. Yes.

Janice Robinson ([08:57](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And I think that sets the tone when people hear it along with the music. It's, I'm, I'm simply saying, love life and laughter is all I believe. And I think what also, I said, my savior is pure, my savior, my soul, my savior, my what your savior is whatever you believe now, whatever you believe in a higher calling, a higher power, but your savior is kind of like your soul. And, and I was saying, you know, my savior is pure now because I've gone through so many things where I felt broken, but I'm still able to feel love in its truest form. And so that's what I was saying in that, in that verse. I never learned how, you know, we, we, we learn how to love when we are loved. Love is not taught. It's an expression, it's a feeling that just, it, it appears through kindness, through, uh, our everyday people around us. When someone says hello to us, that's an action of love. Love is an action. And so it's not something that you wake up knowing, oh, I love you. It's something you feel, you know, it's just something you feel. And I think that song resonates with people because it ha it says the truth.

Corey Andrew Powell ([10:22](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Janice Robinson ([10:22](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Love, life and laughter. It's all I believe.

Corey Andrew Powell ([10:24](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah.

Janice Robinson ([10:24](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And it's what I believe to this day. And I'm like, look at this. This is all love. This is all a manifestation of love.

Corey Andrew Powell ([10:32](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. That's beautiful. And I remember watching the episode of X Factor UK and of course everyone knows Simon Cowell from, um, American Idol and how, how brutal who could <laugh> he could be to people. And of course, he's on X Factor UK. And I mean, you floored him. You floored Robbie Williams and, and you and Robbie Williams are now like buddies and stuff. Like, you know, you told me like, you guys know each other like now personally. And, uh, and then you did all the big talk shows and TV shows and, and in the UK like Lorraine. And I just thought it was fascinating because it was what I want everyone to realize, the importance of you don't give up dreams. Sometimes you just take detours. Sometimes you have to maybe, uh, pivot the dream might change, but you don't give up the journey. You don't give up the, the dream.

Janice Robinson ([11:18](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

No, you never, never, here's the thing. Your inside voice holds the truth, the voice that you hear, that you talk to yourself, that is the most important voice. And you are your greatest love story. How you love your life, how you exude love throughout your life. You are the greatest love of your life and the way you wanna live your life. And you have to, you have to trust that voice, because let me tell you something, the outside world is really loud, and it's can be really toxic. But your voice of love within yourself, you have to learn to trust it.

Corey Andrew Powell ([12:12](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Janice Robinson ([12:12](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

It's the only way to get through life. It's the only way to pursue your dreams, your goals. You know where you wanna go. You just have to trust it. And once you know where you wanna go, it'll call you. It'll call you. Everything that has happened to me, I've been, it's called me. And that's why, you know, at 50 years old, standing on an X factor stage, they called me, it called, you know, I'll never forget May 24th <laugh>, they wrote to me <laugh> like, what? You know, that's the universe. It's very kind. So you have to trust it.

Corey Andrew Powell ([12:51](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. Yeah. It's amazing because also it's a testament as well in the music industry when so often we hear stories of women of a certain age, specifically, uh, just like any other industry, women may be facing a bit more of a, a ceiling because of misogyny, <laugh> or sexism. So to see you emerge like that was fascinating. And also to see, for example, Wendy Moten, who became like the runner up and should have won. If you ask me on the Voice,

Janice Robinson ([13:20](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I love Wendy.

Corey Andrew Powell ([13:21](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Love. Yeah. Wendy's remarkable. Yes. And she was, I think 56 when she was on, uh, and she became, you know, the voice, the, I mean, in my, in my mind, she won. But that's a whole other story. But <laugh>, but I love that there's, that part of your journey is about being true to yourself and tuning out the voices. Because very often as we talk about on Motivational Mondays, very often the loudest voices of negativity, our, there're our own voices, but there are things that other people have said to us.

Janice Robinson ([13:51](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yes.

Corey Andrew Powell ([13:51](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

About ourselves.

Janice Robinson ([13:53](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yes.

Corey Andrew Powell ([13:53](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Right. Yeah. That

Janice Robinson ([13:56](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

<inaudible> Lemme say something. The people that speak negatively about you, honestly, those are the people that are sent your way to distract you, to destroy you, to diminish your light. Your light is so important. Everyone is so important in this thing called humanity. And your light of positivity and your light of love, that is what you have to shine. Even in the darkest of times. Sometimes things are going to get tough. And you know what's really amazing when you make others feel joy. I serve, even in my darkest hour, I always look to doing something for someone else, because that is what gives me the raft of hope, knowing that I am offering something to someone else. I don't wallow in the sorrow. It's there, it's there <laugh>. But I focus on the love and I focus on the light.

Corey Andrew Powell ([15:16](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. Wow. You know, that brings me to my next question, which is really important because so many young people today, especially, and we have a, we have a diverse audience, but primarily our audience, our, our audience is a college aged audience as far as our kids.

Janice Robinson ([15:30](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hey college kids.

Corey Andrew Powell ([15:31](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

<laugh>, hey, college kids. And, um, and luckily, you know, now the podcast is, is of course, public facing too. So many people will get the benefit from this conversation, but when it comes to young people who are just starting out in life, oh, they have a particular struggle, especially now with such a divisive world. So when you look at young people who are juggling multiple challenges as they try to pursue their goals, what advice would you give those to stay true to themselves rather than feel pressured to live somebody else's truth or be someone else?

Janice Robinson ([16:04](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

What I, what I would say to young people, and I was talking to the high school chorus girls today, um, during the second period, what I would say to young people, I would say, create your positivity village. Create a circumference of positivity around you. Turn off the outside world, turn it off. And when I say turn it off, turn the phone off, turn the TV off, and exist within a circumference of authenticity of people like-minded, uh, outgoing, positive people have genuine experiences. One of the things that I think that is missing in the lives of young people is that there is too much information coming at them, and there is too much noise and, and, uh, just negative energy. And it's causing them to miss the greatest part of living. And that is building a life where you connect with people, where you thrive together, where you support each other. They're missing that because there's so much coming at them.

Corey Andrew Powell ([17:32](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Janice Robinson ([17:32](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And so much of it is so toxic. My heart breaks. That's why I go to a classroom every day, and I look at these kids and I'm like, they're not enjoying their life. They're not enjoying their life. There's way too much anxiety. There's way too much depression, way too much. I'm like, yo, 15, 16, 17, 18, 19, 20. It's supposed to be the time of your life.

Corey Andrew Powell ([17:57](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah.

Janice Robinson ([17:58](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

It is supposed to be the most magical. You're supposed to be so vibrant and ready. And, but they have a, a, a, a, a wall all of of hate and negativity. And then they begin to doubt their self. And it's like, I wish I could just take every young person and be like, come on, come over here baby. Let me let you know if I could put a a j Mama blanket, honey, that's what the kids call. I just need to create a J mama blanket. Because the thing is, your life has seasons and every season is not going to be perfect. But when you understand the purpose of your life, it helps you live in a more vibrant way. I want young people to know that they are just at the beginning. They're just there. And they have to be hopeful. They have to be positive. They have to understand that tough times are gonna come. But it's not the tough times. It's all about how you rise up in that moment of adversity.

Corey Andrew Powell ([19:06](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm.

Janice Robinson ([19:06](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And that is always love, love always pulled me through the tough times. Someone did something very loving and kind for me, or I did something loving and kind for someone else in the midst of my own sorrow.

Corey Andrew Powell ([19:20](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. That's amazing too, because the whole idea of stepping outside yourself makes you realize no matter how difficult you have it, some days, if you think that there are others who are still having it worse, <laugh> in a worse situation than you are, it helps you kind of manage your own self pity.

Janice Robinson ([19:40](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Your circle is important. And and I always say, you know, sometimes you go through those tough times, the people that make it through the valley with you, the people that show up for you during your valley. Those are the real ones. The people who only show up for the rainbow and, and then run when the valley comes. They, they not, I always say, if you didn't make it through my storm, you can't make it. You can't come by the rainbow

Corey Andrew Powell ([20:09](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

<laugh>. That's so great. You know? And it's funny.

Janice Robinson ([20:11](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And I got a rainbow. I got a rainbow so bright happening now, and I'm just like, wow, God, God really removed a lot of people from my life, and it's okay.

Corey Andrew Powell ([20:21](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah.

Janice Robinson ([20:22](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

It's okay.

Corey Andrew Powell ([20:22](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah, no, it's true. The, the Fairweather friend situation is like, uh, I had a friend who sort of abandoned a friendship, you know, in our twenties or something. And all these years later, they saw me on TV and out of the clear blue, um, he somehow found my number. Like, Hey, I'm so happy to see you. I'm like, where have you been for 20 years when I've been broke and auditioning and having nothing? And now you call because you see me on tv.

Janice Robinson ([20:47](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Exactly.

Corey Andrew Powell ([20:48](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

So pick your friends wisely.

Janice Robinson ([20:50](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

That's a part of it. And you know, and the people that are proud of me, I always just say, thank you.

Corey Andrew Powell ([20:56](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Janice Robinson ([20:56](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

That's it. That's it.

Corey Andrew Powell ([20:58](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah. You know, that's wonderful. And also people want to make sure we clarify, you are a school teacher, that's why you were talking to kids.

Janice Robinson ([21:06](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yes.

Corey Andrew Powell ([21:06](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Uh, during a second period choir today. And so you've been a school teacher in between your role as

Janice Robinson ([21:13](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

12 years.

Corey Andrew Powell ([21:14](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I mean, a, a rock star, basically. Yeah. I mean, so that's passion for you. What does teaching do for you?

Janice Robinson ([21:21](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Teaching what it does for me, it allow it, it reminds me that my life has purpose and meaning. And when I walk into a classroom and when I see the faces of all these different young people, whether they're in the mc unit or they're in a regular classroom, or they're in intensive. 'cause you know, there's different levels. There's modified curriculum.

Corey Andrew Powell ([21:45](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Janice Robinson ([21:46](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Um, when they smile, when they see me, that's when I know I'm exactly where I'm supposed to be. You know? And it's a good feeling. It's a really good feeling. There's kids that don't speak no English, that have like, some type of autism. And today in the courtyard, I saw one of the students dancing. They had some music going, and I just walked up and we started dancing. And his face just lit up. He's very, he, he, he's, you know, he has lots of, uh, multiple handicaps mentally, but just to get a smile and connect, for me, it's all about connection.

Corey Andrew Powell ([22:26](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm.

Janice Robinson ([22:26](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And I always can feel that. I always know where, where God wants me to be. When other people around feel something from my presence, they feel something from my words, they feel something from my song. So I'm very intentional about my life and very intentional that teaching is the goodness that I give 180 days out the year. <laugh>

Corey Andrew Powell ([22:51](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

<laugh>. Yeah. Well, I mean, I know they're all rooting for you and they were seeing you on tv. That must be great, grateful the students.

Janice Robinson ([22:57](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yes. Yes.

Corey Andrew Powell ([22:58](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

That Miss, that's Miss J. What's going on? That's amazing.

Janice Robinson ([23:01](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Well, the, one of the best moments was someone I, a young lady I taught maybe six years ago. And she has a job at the supermarket. And I hadn't seen her in, I guess in six years. 'cause she went to a different high school and she was ringing up people and she went, Jay Mama <laugh>. And she just began to cry. She was so happy to see me and the people online, you know, in the super, and they're like, they're trying to figure out what is what I said, I was her teacher, I was her music teacher, and she was just happy to see me. And for me, that's what brings me joy, knowing that I've done right by all the young people that see me. I've done. Right.

Corey Andrew Powell ([23:44](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

That's incredible. It's also, again, leadership conversations I've had with past guests on Motivational Mondays. We pose the question often, what is the legacy you want to leave behind? You know, it's like one person said to me, they made the analogy of like, okay, Corey, let's just say it's the end of your life and you've got five minutes left, and you have to walk through a football field of a stadium of a full of people. And you get either one reaction, which is a crowd ovation, cheering yay or <laugh>, like, which one do you want? Which, so your legacy really gives you the option of what, what would that stadium do if you have five minutes left? So legacy is very important.

Janice Robinson ([24:34](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I think the legacy that I want to leave behind is the legacy of my heart, my love for life, my love for loving people, my love for music, my love for inspiring, my love for motivating, my love, for being positive, even in the toughest times. Um, my legacy will be love and how I lived a loving, caring life, even when I went through some of the most adverse moments. Just love, just love.

Corey Andrew Powell ([25:24](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Well, I know you had, excuse me, you had a lot of adversity, I think when we first began speaking online. One of the things you discussed with me was caring for, uh, sick parents. Um.

Janice Robinson ([25:36](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah.

Corey Andrew Powell ([25:36](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And then you had issues with, um, some health issues with your daughter, Kura.

Janice Robinson ([25:43](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Um, yeah. There's, there's a, there's a whole journey of where I found myself after touring with Tina Turner. You know, my mom was diagnosed with congestive heart failure, and then, um, my father was diagnosed with kidney failure. And I, I came home and I paused my whole career. I paused it to the point of like, I took off the glitter. I took off the lashes.

Corey Andrew Powell ([26:14](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah.

Janice Robinson ([26:14](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I took off the outfits and I found myself home caring for my mom and dad.

Corey Andrew Powell ([26:22](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm. Yeah.

Janice Robinson ([26:24](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And I would do it again. And I think that time was important because I think God was like, well, I'm gonna take your dad and then I'm gonna take your mom, and guess what? Then I'm gonna take your little brother. Okay. So you keep your, you know, and then I'm gonna take your best friend, and then I'm gonna take your other best friend, and I'm just gonna start taking people. And you're going to have to learn how to continue to make them proud, you know, continue to make them proud.

Corey Andrew Powell ([26:55](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. Yeah. Yeah. Yeah. Because we often try to find, because some sort of reasoning behind great loss like that. And, uh, two years ago for me and my family, you know, within 11 months we had three deaths in our immediate family. And nothing prepares you. I mean, for one, one death is enough to have three within 11 months in your immediate family is, is something that's a bit, you know, it's really trying. But from that, oddly enough, I found some, you know, you gotta find silver linings and you can't find them. I think my mother and I got closer because, you know, the two of them were her siblings. So, you know, we talk a lot more than we used to because, you know, she's sharing her feelings with me about things. And, um, there's always a way to find through adversity. I, I hope, um, yes, something, a positive takeaway. And I think that's how you, it.

Janice Robinson ([27:46](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

There's always, there's always going to be a positive after anything negative. There always is. There's always going to be some type of light at the end of the dark tunnel. You have to learn how to, to maintain that hope, because that is what will help you get up and breathe the next day. You know? Yeah. It's just, you know, I, I look at, now that I'm older and I've gone through so many manifestations of my life, I'm, I'm kind of like, I wanna help others. I wanna help others because I know what it's like to hear my voice on the radio. I know what it's like to be on tv. I know what it's like to sign autographs. Like I know all that stuff, but you know what? I want to see other people thrive because of maybe something I said or maybe something I wrote. And I wanna see them pay that forward. I told the chorus girls today, I said, if I didn't sing from my music teacher, when she called me out, if I stood there and shook my head and said, no, no, no, no, I'm too scared. I, I would've lost the moment, the moment that inspired me to be who I am today. So there are moments happening every day that can change your life. And you have to lean into those moments, those moments where you could be talking to a complete stranger, and that stranger could be somebody who could absolutely open a whole new door for you. There is serendipity moments that can happen every day as long as you're open to them.

Corey Andrew Powell ([29:33](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>. Oh, I love that. It's so true. And again, another thing, <laugh>, we I love that you, you're really hitting on all the stuff that we really, we drive home a lot. One of the great things I heard from, uh, a lot of the people I've interviewed on the show is not letting fear paralyze you when you have an opportunity. Most of the most successful people have all shared that someone at some point gave them an opportunity and said, would you be interested in X, Y, Z? And they had a choice of, I don't know how to do that. I'm afraid I don't know how to do that. Or saying, yes, and I'll figure it out when I get there.

Janice Robinson ([30:09](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Exactly. It's all about Yes. And I'll figure it out. When X factor wrote to me, I, I, I had two thoughts. I said, this can be one of the greatest comeback global comeback moments. People are gonna be talking about this for years to come. Or it could just be a whole journey of humiliation.

Corey Andrew Powell ([30:27](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

<laugh>. Yeah.

Janice Robinson ([30:28](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And I was like, no, it ain't gonna be humiliating.

Corey Andrew Powell ([30:31](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Right. You decide this.

Janice Robinson ([30:32](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

You know why I know me and I know what I was put on this earth to do. And that is to motivate, to elevate, to educate, inspire and love. I say that every day to my students. I am only here to motivate you. To elevate you, to educate you, to inspire you and love you. Please don't make me do nothing else. Boys and girls, <laugh>.

Corey Andrew Powell ([30:56](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And you do live that. Seriously. Yeah. 'cause I will tell them, I used to, I think even before we started, before I maybe even sent you like a DM on Instagram, I used to tune into your Instagram where you would do live, like inspirational talks while you were like on the road. You like, you're like, oh, well, I'm in Scotland today, boys and girls. You were really on the, in the, in the throes of the touring because of the, the way the show had brought you back. Yes. And I would tune in and get my spiritual inspiration. You know, it was like <laugh>, you were really talking some good stuff. Just helping people through things and letting people know they're not here alone. And we all are in this together. Really positive stuff.

Janice Robinson ([31:36](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

People, people, people need help. We all do. We all do. We all have moments where we feel so alone. We all have moments where we just feel so down. And I, and I think one of the things that I'm enjoying now in this life is I love to lift people up. I love to bring people to a centered place where they, they choose to feel more positive than entertain the negative. You know? Um, I, I see people every day, every day I come in contact with a lot of people and I see so many people who are unhappy, who are just down. And I'm like, you know, look the sky, it's blue and the sun is shining. You know, look at your eyes. They're beautiful. Like a little compliment goes a long way for people you know? Or I love, I love I love your perfume. Like every day we can come in contact with people and say something positive. I think what's unfortunate is that society has been partaking in, um, a lot, digesting a lot of negativity. A lot of negativity in certain TV shows, in certain media outlets. In certain media personalities. Society is, is like, I have digested a lot of like, and I'm always like, where are the positive people? They're out there.

Corey Andrew Powell ([33:24](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm.

Janice Robinson ([33:25](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

But nobody.

Corey Andrew Powell ([33:27](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah.

Janice Robinson ([33:27](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Is, is receiving what they have The goodness they have to give. They're out there. There are out there. I've, I've, I've enjoyed discovering some of the most amazing positive people. Um, you know, whether it's Tabitha, Tabitha Brown, right?

Corey Andrew Powell ([33:45](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>. Oh, she's wonderful.

Janice Robinson ([33:46](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

That's her business.

Corey Andrew Powell ([33:47](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah. Yeah. <laugh>. Yeah.

Janice Robinson ([33:48](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

That's her business.

Corey Andrew Powell ([33:49](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

That's Yep. That's your business. Yeah. She love's wonderful.

Janice Robinson ([33:52](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I love her. Um, there's another woman who used to make wigs. I think it's Haja Babar. I think I, I, I'm bad with the name, but I just love the sisterhood and the goddess glow up. And then there's this tightest, um, he's with the Silver Fox and he's like, talks about health and things. So there's a lot of people out there offering really good, good stuff.

Corey Andrew Powell ([34:21](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Mm. Yeah.

Janice Robinson ([34:22](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

But there's also an overwhelming amount of toxicity that has really big platforms. And I just wish people could just intellectually choose more positive things to digest. It would make them feel better.

Corey Andrew Powell ([34:43](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. Yes indeed. Or they can also just put on a song by Janice Robinson, like, your new song called Hire.

Janice Robinson ([34:51](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yeah.

Corey Andrew Powell ([34:51](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Or just check you out on Instagram as well. And maybe that will be fortunate enough to tune in when you do one of your inspirational talks and, um, 'cause they really are great, so I miss them. So, um, I have to pop in.

Janice Robinson ([35:04](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

I'm trying to get more engaging again, but I've been filming a documentary about my life.

Corey Andrew Powell ([35:10](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Yes. Mm-Hmm. <affirmative>

Janice Robinson ([35:11](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

And I've, it, it, it has, I've been filming since last December. And that was, um, a dream that I manifested because for six years I had been editing, I had been teaching myself how to edit and I was doing edits and I was talking about, I'm doing a documentary. I was saying it. And the fact that I'm actually doing it now, that is the power of the mind and the manifestation. And yes, on this Motivational Monday, let me tell all you kids something. If you envision it and speak it to existence, it will come to pass.

Corey Andrew Powell ([35:53](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Hmm. Excellent, wonderful words of wisdom from the one and only remarkable. Janice Robinson, thank you so much for being here today. Thank you. With us. We really appreciate having you here today.

Janice Robinson ([36:06](https://www.temi.com/editor/t/Kjumxde2iuob1ekKsa5j47utGLA8_MIxjdFL3aF2NSDUit9v5qQvhxws-3UTKiQuGhjnDLhImQTjiRLdcsF5X8ruDP4?loadFrom=DocumentDeeplink)):

Thank you.